



## **COAGB TELECONFERENCE MEETING December 10<sup>th</sup>, 2021 Informal Summary Notes**

DATE: Friday December 10<sup>th</sup>, 2021 @ 9:30 AM

PRESENT: Tanya S, Sharron C, Dave B, Frank E, Randy H, Rachael T, Jan C, Pamela McD, Meri-Diane C, Linda I, Doug W, Lynn S, Mary Beth L, Muriel S, Debbie F, Wally H.

GUESTS: Alex Hector, Executive Director, SEGCHC and Co-Chair, GBOHT

REGRETS: Loretta D, Dave W.

Tanya S., Chair of the COAGB welcomed all those on the call.

PRESENTATION: Guest Speaker, Alex Hector, Executive Director SEGCHC and Co-chair GBOHT (Grey Bruce Ontario Heath Team) clarified the role of each organization and the present status of each.

The South East Grey Community Health Centre (SEGCHC), provides primary care and home programming in Chatsworth, Markdale, and Dundalk to a socially/economically vulnerable population. It is funded directly by the Ministry of Health so there are no OHIP payments. All medical staff, doctors, nurse practitioners, dieticians, physiotherapists are salaried employees. This means health care is patient centred and holistic. The community health centre approach may present a better alternative than the physician recruitment model adopted in many municipalities.

The Grey Bruce Ontario Health Team (GBOHT), was formed on September 17, 2021 and covers both Grey and Bruce counties. It is in year 1 of a multi-year development process. Their goal is to provide improved patient experiences through easy one stop access by eliminating silos and providing seamless care. Service delivery will be provided by existing non-profit providers who voluntarily enter into a collaborative decision making agreement. Year 1 will focus on building the structure of the organization, while targeting programming for frail seniors in transition and individuals with mental health and/or addictions issues.

WALLY H. 1st VICE CHAIR & COAGB COMMUNICATIONS REPORT:

Communications:

- ❖ Local CAC's: Please see individual representative's reports.
- ❖ November Meeting Summary: Posted in the Board Meetings section with the latest updates & news.
- ❖ Community Safety & Well-Being Planning Advisory Committee: Please click on the CSWBP website link for information. <https://cswbp-brucegrey.ca> Please note: Randy H is the lead contact on this committee. Randy H and/or David B will attend the meetings.
- ❖ Grey County: Pam McD has been elected to represent COAGB at the Grey County Age Friendly Community Strategy and Action Plan committee. Pam will be the liaison between COAGB and the Grey County Committee.
- ❖ Community Connections/211: Updated COAGB information on the Community Connections/211 system as of December 1<sup>st</sup>, 2021 as per request received via email.

Meeting Schedule:

- ❖ December 2<sup>nd</sup> NBP CSAAC meeting via ZOOM @ 7 PM
- ❖ December 9<sup>th</sup> CFGB Housing Forum via ZOOM @ 4-6 PM
- ❖ December 10<sup>th</sup> Virtual Meeting via teleconference call w/ CAC Members & Partners. Guest speaker is Alex Hector, Executive Director, SEGCHC and Co-Chair, Grey Bruce Ontario Health Team (GBOHT). Alex to discuss his role at SEGCHC and provide an update on the GBOHT.
- ❖ January 12<sup>th</sup> Southern Bruce County Safe Communities meeting via ZOOM @ 1 PM
- ❖ January 14<sup>th</sup> Virtual Meeting via teleconference call w/ CAC Members & Partners. Guest speaker is Stephanie and the consulting firm for Grey County Age Friendly Community Strategy and Action Plan Committee. Presentation and discussion on the final draft of AFC plan.
- ❖ January 28<sup>th</sup> Grey Bruce Healthy Communities Partnership meeting via Zoom @ 7:45 AM.
- ❖ February 11<sup>th</sup> Virtual Meeting via teleconference call w/ CAC Members & Partners. Guest speaker is Paul Hoban, Executive Director, Owen Sound Family Health Centre. Paul to discuss the present health care system in Grey and Bruce counties as well as the health care practitioner shortages, etc.

DAVID B. BROCKTON (PINKERTON) & COAGB TREASURER'S and OACA REP. REPORT:

Treasurer's Report:

Carryover from 2020	2201.91	
OACA Membership Fee 2021	100.00	Receipt received
Donation ALSCGB	100.00	Receipt received
Balance Nov.30, 2021	2001.91	

Note: I have a \$250 cheque ready to send as a donation to SEGCHC in appreciation for providing their resources to support our monthly Conference Calls since the start of Covid. This support has kept our COAGB functioning. Waiting for approval to send it. (approved by consensus).

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OACA (Ontario Association of Councils on Aging):

- Planning and Development Committee – The Planning Guide (Tool Kit) that will layout a road map of how to startup new Councils on Aging is completed, was approved by the OACA Board at our Board meeting on Sept. 15<sup>th</sup>. The Target launch after all local club profiles have been updated, was Nov. 30<sup>th</sup>, 2021, but all the local COA updates did not come in, so new target is Jan. 2, 2022
- We have been discussing partnership with several organizations, including, Canage, Ontario Age Friendly Communities, OACAO, Volunteer Canada, the USCO and RTO (Retired Teachers of Ontario. More to come on these relationships. Frank has volunteered to sit in on our next P&D meeting.
- The Ontario Age Friendly web site <https://sagelink.ca/age-friendly-communities-ontario/> has an interactive Map selection that shows many organization locations in Ontario that includes Active Life Style Centers, and Councils on Aging. In the near future, we will be able to add our Profile to the COAGB location. It's a fantastic site.

Next Meeting Planning and Development Meeting, -- Jan. 5<sup>th</sup>, 2022

Locally: Our USCO Zone 9 Executive met, and our local clubs are refining Covid protocols to get their normal activities up and running. Sure hope we are not shut down again with the rising numbers in Ontario and GREY/BRUCE.

**ROUNDTABLE**

JAN C. - OWEN SOUND CAC: Jan reports that the Owen Sound SAC is getting together. She underlined the severity of the housing crisis. Jan shared that the Glassworks development in Owen Sound has partnered with indigenous groups and that she has experienced story telling as an alternate way to work.

SHARRON C. - NORTHERN BRUCE PENINSULA & COAGB 2nd VICE CHAIR: Sharron raised the concern that some non-profits charge fees for programming. She advocates for Active Living Centres being located in smaller centres. For example, two seniors centres have closed in the Northern Bruce Peninsula and lack of convenient transportation remains a barrier for group participation. Sharron mentioned that the seniors in Stokes' Bay are looking for a permanent senior's space in the Community Centre and suggested that the COACB draft a letter of support. On the same topic, the Lion's Head Legion is applying for an Ontario Trillium Resilient Community Grant to reopen.

MERI-DIANE C. - MEAFORD: Meri-Diane reports that the Meaford 55+ club plans to meet in March provided health protocols permit.

PAM McD. - TOWN OF BLUE MOUNTAINS & BVO: Pam has been active on many projects. She has been busy helping people deal with the claw back of the GIS (Guaranteed Income Supplement) due to CERB payments raising the net income of low income individuals. This artificial rise in income also decreases much needed housing supports. John Stapleton will speak to this issue on BVO-SCWW. Also home care and transportation will be discussed in upcoming programs. Pam continues to sit on the Mayor's COVID19 Recovery Task Force where

they are determining service needs. The Seniors Network for the Town of the Blue Mountains is planning a health fair for the spring. The Grey County Age Friendly Community Strategic Planning Committee has developed a summary of its findings and a plan is on the way. A motion was made to send a letter the MPP Bill Walker in support of Community Health Centres. The motion was approved. Pam McD and David B to collaborate on composing the letter.

LYNN S. - GREY HIGHLANDS: Lynn reports the the Grey Highlands SAC has held virtual meetings and that the Markdale Senior's Club has found a new home in the Masonic Lodge in Flesherton. Lynn continues to be the COAGB representative at the OSALC but finds meeting in Owen Sound to be a long drive. Is anyone interested in taking on the role?

DEBBIE F. - OSALC OWEN SOUND ACTIVE LIVING CENTRE: Debbie celebrates the hiring of a new office manager and that things are up and running and going well.

RANDY H. - KINCARDINE SENIOR'S ACTION ADVISORY COMMITTEE (KASAAC) & COAGB MEMBER AT LARGE: Randy reports that KASAAC is meeting and that there will be a modified SMART service to provide improved transit over the holidays.

FRANK E. - RTO REP & COAGB SECRETARY: Frank told about having a blast hosting Fun Trivia on Mondays from 1:00pm to 1:45pm on BGDSCWW, as an RTOERO volunteer. He was pleased to receive a letter from the Ontario Optometrists Association thanking all those who supported them in their discussions with the Province. Both parties are back at the table, and eye tests have resumed.

RACHAEL T. - HOME & COMMUNITY SUPPORT SERVICES GREY BRUCE: Rachael reported on numerous grant applications aimed at keeping people in their homes. They are promoting their services and looking for volunteers. Go to the Heritage Mall in Owen Sound to have your presents wrapped. Thursday and Friday 4:00pm to 7:00pm and Saturday and Sunday 10:00am to 2:00pm.

LINDA I. –Southern Bruce Peninsula: Linda reports activity in the Sauble Beach ALC, quilting, shuffle board, and a card game called SOLO. Everyone who participates must be fully vaccinated. The Sauble Sandpipers are awaiting their grant status. The Department of Parks, Recreation, and Culture are looking to provide activities for seniors.

MURIEL S. - SOUTHGATE SAC: Muriel shared that Sandra Hong from The Alzheimer's Society Grey Bruce made a presentation to the SAC entitled "Finding Your WAY" and there are plans for a February meeting and Senior's Fair.

DOUG W. - ARRAN ELDERSLIE SAC & UNITED SENIOR CITIZENS OF ONTARIO (USCO) REP. Doug reports that the pandemic restrictions have resulted in membership in USCO being down. There

have been no zone meetings and payment of dues is an issue. The good news is that seniors' clubs are opening up and planning for luncheons.

TANYA S. - GREY HIGHLANDS & CHAIR COAGB: Tanya keeps us all on track. Best wishes to all and to all a good 2022.

**REMINDERS: NEXT COAGB MEETING: Friday, January 14, 9:30am teleconference.**