



COAGB TELECONFERENCE

May 14th, 2021 Informal Summary 'At a Glance'

DATE: Friday May 14, 2021 9:30 AM Virtual COAGB MEETING

PRESENT: via teleconference Tanya S., Wally H., David B., Sharron C., Lynn S., Pamela Mc., Mary Beth L., Meri-Diane C., Frank E., Muriel S., Randy H., Sharon M., Muriel Scott.,

GUESTS: Karla T.

REGRETS: Colleen B., Linda L., Ed P., Loretta D., Jan C., Sandra H., Doug W., Stephanie L-A., Cori H., Sandra P., Amber S., Debbie F.

Tanya S., Chair of the COAGB welcomed all those on the call.

PRESENTATION: Podcast #1 of the Sheatre 5 podcast program on elder abuse prevention

WALLY H. 1st VICE CHAIR & COAGB COMMUNICATIONS REPORT:

- Community Safety & Well-Being Planning Advisory Committee: Tanya Roberts is the new coordinator for CSWBP. Please click on the following link to the CSWBP website and follow the prompts to complete the second survey being conducted post pandemic. As well, paper copies of the survey are available from your municipality.
<https://cswbp-brucegrey.ca>
- Grey County: Grey County received a \$60,000 grant from the Ontario Inclusive Community Grants program to support the county's Age Friendly Community Strategy and Action Plan. Grey County is reaching out for key community organizations and stakeholders to sit on this Age Friendly Community Strategy and Action Plan Committee. Please advise Tanya or Wally of any interested groups.
- Niagara Region - Council on Aging Research Project: Pat Spadafora, Kaleidoscope Consulting, is doing research on the different "councils on aging" groups in Ontario. We have been in correspondence regarding information about COAGB sustainability and strategic planning initiatives, our community members and partners, etc.

DAVID B. BROCKTON (PINKERTON) & COAGB TREASURER'S & OACA Rep REPORT.

Treasurer Report:

Carryover from 2020		2201.91
OACA Membership Fee 2021	100.00	Receipt received
<u>Balance</u>	Apr. 30	2101.91

OACA (Ontario Association of Councils on Aging):

OACA has been having monthly Strategic Planning sessions (Zoom) and we are making good progress. We have a Vision, Mission, Values and Goals nailed, now we are working on specific activities to achieve our Goals.

Currently, OACA have set up some committees:

- Executive Committee
- Planning and Development Committee – I am on this committee and one of our tasks, is to develop a Tool Kit that will layout a road map of how to startup new Councils on Aging. We have a Masters Student from Brock University to help develop this Tool Kit and assist with further development to our Website to enhance our capability to share information with and receive info from our local COAs and others. TOR has been approved by board. At our May 5th meeting, the progress of our work plan activity table was updated.

I will be working on Objective 2 - collaborate with other Councils on Aging by:

- a) sharing learnings
- b) sharing/supporting with virtual meeting tools
- Communications Committee

Next Meeting June 2nd

Great to have our OACA President Lilian Wells pass on breaking news from the MSAA Liaison Committee re Dental Health and Drug Plan enhancements.

ROUNDTABLE

SHARRON C. NORTHERN BRUCE PENINSULA & COAGB 2nd VICE CHAIR:

1. Wrote the summary of participants for the April sessions for the Bruce Grey Seniors' Centre Without Walls (BGSCWW).
2. Calendars are complete for May and June
3. I am asking for questions that people would like to ask Bill Walker, M.P.P. Bruce Grey Owen Sound to be sent to me by May 17th that will be sent to Bill before he speaks on June 11th at 1:00 – 1:45 p.m. via teleconferencing. If any COAGB want to join the session phone in toll free 1-877-806-9883. Listen to and follow the prompts. Pass-code is 555617#
4. With the New Horizons Grant in partnership with the United Way Bruce Grey and the Northern Bruce Peninsula Community Support Advisory Action committee, NBPCSAAC, I now have a co-coordinator and we meet every Monday morning via zoom. She will register the participants, trouble shoot with the technology as participants have asked for guidance to use zoom if they have a computer or to walk them through the teleconference.

5. BGSCWW coordinator is Misty Schonauer who has written and sent articles to several newspapers including Saturday's edition of the Owen Sound Sun Times.
6. Completed an application to the Retired Teachers of Ontario, RTOERO Community Grant 2021 for \$2,500 to support the expenses of the BGSCWW. Thank to Wally on behalf of the COAGB for the excellent letter of support to include with the application. Apparently, the final decision as to if the application is successful will not be final until October 2021.
7. The NBPCSAAC now has an e-mail address which is nbpcsaac@eastlink.ca.
The website is www.nbpcsaac.ca
8. Let me know if you have any names and/or topics that you would like to recommend for the BGSCWW. i.e. support services, health care and wellbeing, environmental stewardship, ageism, loneliness and storytellers.
9. There has been research across Canada to look at 45 programs that are offered during COVID-19. The five areas are Arts, Education, Technology, Exercise/Fitness, Social Interaction. It is a goal of the BGSCWW to offer all 5 areas monthly for variety, enjoyment, connections and lifelong learning.

MERI-DIANE C. MEAFORD:

- Underlined the concept of Aging In Place since people are living longer and not everyone will need LTC
- Make LTC and pharmacare part of Public Health
- AFC questionnaire

PAM Mc. TOWN OF BLUE MOUNTAINS & BVO:

- Presented "Ye Canna Throw Ye Granny Off A Bus" on elder abuse prevention.

Thanks for listening and for the concerns you raised about listeners' emotional responses to the podcast. As was pointed out, the distressing situations depicted may be saddening or depressing, especially at this time of lockdown.

I believe this concern we have had about the way in which the podcast series is offered. It underscores the need to offer the podcast series with strong local resource support and involvement. This has been a major factor in the protocol developed for use of the podcast by Seniors Centres.

Please see the suggested steps for using the podcast that I have appended at the bottom of this e mail: Item#7 notes this concern for those using the podcast. I've copied the podcast creators and the OACAO on this e mail because they are interested in community feedback and, in this case it reflects the concerns they identified in creating the protocol.

Because it will be offered through seniors centres, both SCWWs and bricks and mortar centres, the listeners will have chosen to be there and will have connection to a meeting place for seniors. They are less isolated seniors than some older adults.

Again, thanks for the time and interest of the Council on Aging Grey Bruce in the abuse of older adults.

Here is the link to Sheatre's site – sheatre.com

The direct link to the podcast is <https://www.buzzsprout.com/1280840>

How to organize the "Granny" program:

1. Preview all five episodes yourself.

2. Invite local community resource guest(s) to join your presentation.
3. Do a test run with the method you plan to use to host the podcasts, such as Zoom, the phone or in-person.
4. Collect informational materials for your audience members.
5. Prepare a list of resource contacts for the audience.
6. Promote the podcast series to your members and to the community-at-large.
7. Be clear about the topics. It's about prevention of the abuse of older adults and promoting support. Make sure they know that it's an audio drama, like a radio drama, and that the situations might be worrying to some people. Let them know that local community support people will be present.
8. Listen to each podcast in full with your members.
9. Time now for discussion and Q&A. Have your area's community "experts" attend to answer questions after the podcast, and to do individual follow-up if needed.
10. Offer local contact information at the time of the podcast.
11. Announce the Seniors Safety Line phone number at the start and the end of each presentation. 1 866 299 1011
12. Send out print information (from points 4 & 5) to all who attended, or to your Centre's entire mailing list.

LYNN S. GREY HIGHLANDS:

- Uses SCWW to inform. Expressed appreciation for SCWW calendars and programs
- Meetings held on ZOOM
- Phone contacts active
- Keep sending e mails Wally
- Veterans and related seniors can ask for financial assistance from their local Legion branch through the Legion poppy account

RANDY H. KINCARDINE SENIOR'S ACTION ADVISORY COMMITTEE (KASAAC) & COAGB MEMBER AT LARGE:

- KASAC held a ZOOM meeting with feedback from municipal councillors
- Master Transportation Plan open to public review. Go online Bruce County is looking for feedback <https://brucecounty.on.ca/transportation-master-plan>
- Affordable transportation need has been further increase by the absence of Grey Hound Bus Lines
- Use the mandate of emergency preparedness to support local airports

FRANK E., RTO REP & COAGB SECRETARY:

- Engaging RTOERO membership in advocacy
- Supported \$2,500 Community Grant for BGSCWW
- Added ALCGB to donations list for consideration
- Exploring the intersection of Meaford's Health and Well Being Plan and Age Friendly Communities

- Encouraged the Meaford Public Library to review their services for older patrons

MURIEL S. SOUTHGATE SAC:

- Setting up a Housing Advisory Committee has been approved by the Southgate Township Council. Terms of Reference have been drafted and when approved there will be an invitation for interested persons to apply for membership. There will also be Council representation and access to Township resources. While the Committee work is not specific to seniors' housing needs, it is recognized that many seniors are also struggling to afford or access appropriate housing in this area given the rapid increase of new, expensive and generally large houses.
- Our Seniors Advisory Committee will meet again on June 10.

MARY BETH L. OF GEORGIAN BLUFFS :

- Received 1.7 million dollars for the upgrade of the Kemble Community Centre

GUEST KARLA TRUDGEN THE MEETING PLACE TOBERMORY & GOLDEN TOWN RESIDENCE COMMITTEE:

- Order Good To Go Meal Kits online at their website [Sharron C presented as Karla left the meeting]

Sharon M Chair of The Active Lifestyles Centre Owen Sound:

- Running an online action to raise needed funds to continue service
- Looking for grant contacts and other avenues for funding
- At the June 24 AGM a new executive will be formed. Sharon will be replaced as chair by Debbie Fortney and there is a call out for Board members

REMINDERS: NEXT COAGB MEETING: Friday June 11, 9:30 AM